



It's one of the most luxurious spas in the world

A place to enjoy effortless days strolling through exotic gardens, lounging beside the swimming pool, lolling about in mud baths, or watching koi carp swim lazily in the pond. If you fancy something a little more taxing (but only a *very* little), there's Transcendental Meditation or, for the more energetic, aquatic and aerobics classes...



...and it's all for pampered pooches

Yup, if you're hoping to check into Canyon View Training Ranch near Malibu, California (we didn't really need to say California, did we?), you'll need four legs and a tail. For a paltry \$35 (£24) a day the chosen few – there's room for only 30 – can go to doggy heaven for a week or more. This five-star health spa for canines mainly caters for the surrogate children of film and rock stars.

One can only assume their owners have done the US equivalent of taking the District Line all the way to Barking.

Words: GILLIAN RHYS Photographs: PAUL HARRIS